

# OSICS codes version 8

<b>Head and neck soft tissue trauma</b>		<b>Other head organ damage</b>		SU1	Shoulder subluxation/ chronic instability
HHO	eye haematoma	HI1	Otitis externa	SCS	SLAP lesion
HHS	scalp haematoma	HI2	Cellulitis/skin infection, face	SCH	HAGL lesion
HHN	nose haematoma	HO2	Perforated eardrum	SCP	Posterior labral lesion
HHM	mouth haematoma	NO1	Laryngeal trauma	SCB	Bankhart lesion, labrum
HHE	ear haematoma	NN1	Cervical nerve root compression/stretch	SC1	Shoulder chondral lesion
HH1	Head/facial haematoma	NN2	Neck spinal injury	SJ1	Shoulder jt sprain
HK1	Scalp laceration/abrasion	<b>Skull and neck fractures</b>		SP1	Adhesive capsulitis or frozen or stiff shoulder
HK2	Facial laceration/abrasion	HFF	fractured frontal bone	SA1	Shoulder jt degenerative arthritis
HKN	nose laceration	HF2	Skull fracture	SLI	Glenohumeral ligament tear
HKM	mouth laceration	NF1	Stable cervical fracture	SL1	Shoulder ligament sprain/tear
HKJ	chin laceration	NF2	Unstable cervical fracture	SZ1	Shoulder pain undiagnosed
HKF	forehead laceration	NG1	Avulsion fracture cervical spine (e.g. spinous process)	<b>A-C (acromioclavicular) joint</b>	
HKE	eyelid laceration	<b>Jaw sprains</b>		SD2	Acromioclavicular jt disl (Grade 3)
HKC	cheek laceration	HD1	Disl temporomandibular jt	SJ2	Acromioclavicular jt sprain
HKB	eyebrow laceration	HJ1	Spr temporomandibular jt	SAO	osteolysis distal clavicle
HV1	Epistaxis (nosebleed)	<b>Head and neck muscle strains</b>		SA2	Acromioclavicular arthritis/ distal clavicle osteolysis
NH1	Neck haematoma	HY1	Facial muscle trigger pts	SAA	arthritis, A/C joint
NK1	Neck laceration/abrasion	NM1	Neck muscle strain	<b>Fractured clavicles</b>	
<b>Eye injuries</b>		NY1	Neck muscle trigger pts/spasm/torticollis	SFO	clavicle fracture, outer third
HOF	eye foreign body	<b>Neck sprains</b>		SFR	clavicle, refracture through callus
HOH	hypheama	NL1	Neck ligament injury	SFM	clavicle fracture, mid-third
HO1	Eye injury/trauma	NC1	Cervical disc prolapse	SFI	clavicle fracture, inner-third
HOU	corneal abrasion	NC2	Cervical disc degeneration	SF1	clavicle fracture
HOL	contact lense displacement	NU8	Recurrent vertebral subluxation	<b>Shoulder tendon injuries</b>	
HOR	retinal detachment	NJ1	Whiplash/neck sprain	STD	Acute Subacromial Impingement
<b>Concussion</b>		NP1	Cervical facet joint pain	STE	Acute Posterior Internal Impingement
HN1	Concussion	NA1	Cervical facet jt degenerative arthritis	STC	Chronic Anterior Internal Impingement
HN2	Intracranial bleed	NB1	Cervical developmental anomaly	STB	Chronic Posterior Internal Impingement
HN3	Chronic brain injury	NN3	Cervical spinal canal stenosis	ST1	Rotator cuff tendon pathology
HN4	Cranial nerve injury	NZ1	Neck pain undiagnosed	STS	Supraspinatus tendon injury
NN4	Spinal cord concussion	<b>Shoulder sprains and dislocations</b>		STA	Chronic Subacromial Impingement
<b>Facial bone fractures</b>		SDA	Antero-inferior shoulder dislocation	STU	Subscapularis tendon injury
HF1	Nose fracture	SDI	Inferior shoulder dislocation	STF	Acute Anterior Internal Impingement
HF3	Mandible fracture	SDP	Posterior shoulder dislocation	STI	Infraspinatus tendon injury
HF4	Fractured facial bone	SD1	Dislocated shoulder	ST2	Biceps tendinitis
HFM	fractured maxilla	SUP	Posterior shoulder subluxation	SRI	Infraspinatus tendon rupture
HFZ	fractured zygoma	SUI	Instability-related impingment	SR1	Rotator cuff tendon rupture/large tear
HFE	fractured orbital socket	SUA	Antero-inferior shoulder subluxation		
HG1	Avulsed/fractured tooth				
HGF	tooth fracture				
HGA	tooth avulsion				

SRS	Supraspinatus tendon rupture
SRU	Subscapularis tendon rupture
SR2	Rupture of long head of biceps tendon
CR1	Pectoralis major tendon rupture
SR3	Pectoralis major tendon rupture
UR1	Pectoralis major tendon rupture

### **Other arm and elbow fractures**

SF2	scapula fracture
SF3	fracture, neck of humerus
SGH	Hill-Sachs lesion
SGB	Bankhart lesion, bony
SG1	Avulsion fracture shoulder
SGS	Avulsion supraspinatus insertion
SS1	Stress fracture coracoid process
UF1	fracture, shaft of humerus
EF1	Supracondylar fracture humerus
EF2	fractured humerus condyle(s)
EF3	fractured head of radius or olecranon
EG1	Elbow avulsion fracture

### **Shouler and arm stress fractures**

US1	Humerus stress fracture
ES1	Elbow stress fracture

### **Shoulder and arm neurovascular**

SB1	Cervical rib
SN1	Brachial plexus traction injury/burner/stinger
SN2	Axillary nerve palsy
SN3	Nontraumatic brachial plexus lesion (incl thoracic outlet)
SV1	Axillary vessel thrombosis/insufficiency
SN4	Suprascapular nerve entrapment or palsy
UN1	Upper arm nerve injury
UNM	Medial nerve injury, upper arm
UNR	Radial nerve injury, upper arm
EN1	Ulnar neuropathy, elbow
EN2	Other nerve entrapment, elbow

### **Upper arm muscle strains**

SM1	Muscle strain, shoulder region
SML	Latissimus dorsi muscle strain
SMP	Pectoralis major muscle strain
SY1	Shoulder trigger pts/ posterior muscle soreness
UMT	Triceps muscle strain
UMB	Biceps muscle strain
UM1	Upper arm muscle strain

UY1	Upper arm muscle soreness/ trigger pts
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### **Forearm fractures**

RFD	Fractured radius, distal, undisplaced
RFR	Radial fracture, minimally displaced
RF1	Fractured forearm bone(s)
RFC	Colles fracture radius
RMG	Galeazzi fracture (radius) dislocation r/u joint
RFM	Monteggia fracture (ulna) dislocation radial head
RFS	Smith fracture radius
RFU	Ulna fracture, minimally displaced
RFB	Fractured radius and ulna shafts
RFE	Fractured radius distal epiphysis
WF3	Intraarticular # radius

### **Shoulder and arm soft tissue trauma**

SHD	Deltoid haematoma
SH1	Shoulder haematoma
SK1	Shoulder laceration/abrasion
UHB	Biceps haematoma
UHM	Myositis ossificans, upper arm
UHT	Triceps haematoma
UH1	Upper arm haematoma
UK1	Upper arm laceration/abrasion
EH1	Elbow haematoma
EK1	Elbow laceration/ abrasion

### **Elbow sprains or joint injuries**

EDA	Elbow dislocation anterior
ED1	Dislocated elbow
EDP	Elbow dislocation posterior
ED2	Disl head of radius (including pulled elbow)
EU1	Elbow valgus instability
EU2	Elbow posterolateral instability
EC1	Chondral lesion elbow (+/- loose bodies)
ECO	Elbow osteochondritis dissecans
ECL	Loose body, elbow joint
EJ1	Sprained/jarred elbow
EP1	Elbow atraumatic synovitis
EA1	Elbow jt degenerative arthritis
EL1	Elbow medial collateral ligament strain or tear
ET4	Elbow joint impingement
EZ1	Elbow pain undiagnosed

### **Elbow tendon injuries**

ER1	Biceps tendon distal rupture
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ET1	Tennis elbow (lateral epicondylitis)
ET2	Golfer's elbow (medial epicondylitis)
ER2	Triceps tendon rupture
ET3	Olecranon bursitis/ apophysitis/triceps tendinitis

### **Scaphoid fractures**

WFP	Proximal scaphoid fracture
WF1	Fractured scaphoid
WFD	Distal fracture scaphoid
WFW	Waist fracture scaphoid
WQ1	Non-union scaphoid fracture

### **Other wrist and hand fractures**

WFH	Fractured hamate
WFT	Fractured trapezium
WF2	fracture, other carpal bone
WGH	Fractured hook of hamate
WGR	Fractured radial styloid
WGU	Fractured ulna styloid
WG1	Wrist avulsion fracture
WS1	Radial epiphysis lesion or carpal stress fracture
PF1	Bennett's fracture
PFR	Rolando fracture
PFA	First metacarpal shaft fracture
PF2	Metacarpal fracture
PFX	Multiple metacarpal fractures
PFB	Second metacarpal fracture
PFC	Third metacarpal fracture
PFD	Fourth metacarpal fracture
PFE	Fifth metacarpal fracture
PFG	Second proximal phalanx fracture
PFU	Multiple phalangeal fractures
PFJ	First proximal phalanx fracture
PF3	Fractured phalanx
PFS	Fourth distal phalanx fracture
PFM	Third middle phalanx fracture
PFQ	Third distal phalanx fracture
PFP	Second distal phalanx fracture
PFH	Third proximal phalanx fracture
PF1	Fourth proximal phalanx fracture
PFJ	Fifth proximal phalanx fracture
PFK	First distal phalanx fracture
PFL	Second middle phalanx fracture
PFO	Fifth middle phalanx fracture
PFN	Fourth middle phalanx fracture
PFT	Fifth distal phalanx fracture
PG1	Avulsion fracture phalanx
PQ1	Malunion finger fracture

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**Forearm and hand stress fractures**

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RS1 Stress fracture radius or ulna

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**Forearm and hand soft tissue trauma**

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RH1 Forearm haematoma

RK1 Forearm laceration/ abrasion

RK2 Forearm skin lesion

WH1 Wrist haematoma

WK1 Wrist laceration/ abrasion

PH1 Hand haematoma

PH2 Subungual haematoma/ fingernail problem

PK1 Hand/finger laceration/abrasion

PK2 Hand/finger blisters/ contact dermatitis/callus

PI1 Hand/finger infection

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**Forearm and hand neurovascular**

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WN1 Wrist nerve compression

WNC Carpal tunnel syndrome

WV1 Aneurysm of vessel near wrist

PP2 Hand Reflex Sympathetic Dystrophy

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**Hand tendon injuries**

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RM1 Forearm muscles strain

RY1 Forearm muscle trigger pts

RT1 Extensor tenosynovitis/ intersection syndrome

WT1 Extensor tenosynovitis/de Quervain's disease

WT2 Wrist ganglion

WT3 Flexor tenosynovitis

WR1 Tendon rupture, wrist

WRE Ruptured extensor pollicus longus tendon

PT1 Trigger finger

PT2 Hand tendinitis

PRC Ruptured fourth extensor tendon

PRA Ruptured second extensor tendon

PRD Ruptured fifth extensor tendon

PR1 Ruptured finger tendon

PRB Ruptured third extensor tendon

PRT Ruptured third flexor tendon

PRF Ruptured fourth flexor tendon

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**Wrist and hand sprains and dislocations**

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RB1 Radio-ulnar variance

WD1 Dislocated carpus

WD2 First CMC joint dislocation

WUD Scapholunate instability

WUV VISI wrist instability

WU1 Carpal instability

WU2 Distal radioulnar joint instability

WC1 Wrist fibrocartilage tear

WJ1 Sprained/jarred wrist jt

WJ2 Distal radioulnar jt sprain

WP1 Wrist jt synovitis (including impingement syndrome)

WA1 Wrist osteoarthritis (including avascular necrosis)

WAS SLAC wrist arthritis

WL1 Carpal ligament tear

WLS Scaphoid lunate ligament tear

WT4 Carpal boss

WZ1 Wrist pain undiagnosed

PDE Fifth MCP joint dislocation

PD1 Disl metacarpophalangeal or interphalangeal jt

PDA First MCP joint dislocation

PDB Second MCP joint dislocation

PDF First IP joint dislocation

PDG Second PIP joint dislocation

PDH Third PIP joint dislocation

PDI Fourth PIP joint dislocation

PDN Fifth DIP joint dislocation

PDM Fourth DIP joint dislocation

PDD Fourth MCP joint dislocation

PDJ Fifth PIP joint dislocation

PDK Second DIP joint dislocation

PDC Third MCP joint dislocation

PDL Third DIP joint dislocation

PU1 Chronic jt instability of finger or thumb

PJ1 Spr metacarpophalangeal or interphalangeal jt

PP1 Finger joint chronic synovitis

PP3 Thumb sesamoiditis

PA1 Finger degenerative arthritis

PL1 Spr ulnar collateral ligament (Skier's) thumb

PL2 Other hand or finger ligament tear

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**Rib fractures**

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CFL Fractured lower rib (9-12)

CFH Fractured upper rib (1-4)

CFM Fractured middle rib (5-8)

CF1 Fractured rib(s)

CFX Fractured multiple ribs

CF2 Fractured sternum

OG2 Avulsion rib

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**Rib and costochondral bruising**

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CG1 Chest avulsion injury

CC1 Costal cartilage/ costochondral jt injury

CM2 Chest muscle strain

CT1 Intercostal tendonitis

CH1 Bruised ribs/chest wall (excluding sternum)

CH2 Bruised sternum

OG3 Avulsion iliac crest

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**Abdominal and thoracic organ damage**

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CO1 Pneumo-/haemo-thorax

CZ1 Chest pain undiagnosed

OH1 Abdominal haematoma

OO1 Abdominal trauma to internal organs

OOB Bladder trauma

OOI Intestinal trauma

OOK Kidney trauma

OOL Liver trauma

OOP Pancreas trauma

OOS Spleen trauma

OZ1 Abdominal pain undiagnosed

DK2 Upper back skin lesion

DZ1 Thoracic pain undiagnosed

GH2 Testicular/scrotal haematoma

GOT Ruptured testicle

GO1 Damage to pelvic organ

GOU Ruptured urethra/penis

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**Lumbar and thoracic fractures**

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DF1 Fractured thoracic vertebrae

DG1 Fractured thoracic transverse or spinous process

LF1 # lumbar vertebrae

LGM Fractured multiple transverse processes

LGB Fractured transverse process L4

LGA Fractured transverse process L1

LGC Fractured transverse process L3

LG1 # lumbar transverse or spinous process

BF1 Fractured sacrum/coccyx

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**Rib stress fractures**

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CS1 Stress fracture rib(s)

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**Lumbar and thoracic soft tissue trauma**

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DH1 Thoracic back haematoma

LH1 Lumbar haematoma

LK1 Lumbar laceration/ abrasion

BH1 Buttock haematoma

BK1 Buttock laceration/ abrasion

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**Lumbar and thoracic sprains**

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CJ1	Sternoclavicular jt injury
DC1	Thoracic disc prolapse
DJ1	Thoracic facet jt sprain
DP1	Chronic thoracic facet jt pain/stiffness
DA1	Thoracic facet jt degenerative arthritis
DT1	Scheuermann's disease
DB1	Thoracic scoliosis
LCT	Disc injury L3/4
LCS	Disc injury L5/S1
LCF	Disc injury L4/5
LC1	Disc prolapse/disruption
LC2	Disc degeneration
LC3	Disc annular tear
LJ1	Lumbar facet jt strain/jar
LP1	Chronic lumbar facet joint pain (including referred)
LA1	Lumbar facet jt degenerative arthritis
LL1	Lumbar region ligament sprain
LB2	Lumbar scoliosis
LB3	Other lumbar anomaly (e.g. spina bifida occulta)
LN1	Lumbar spinal injury
LNS	S1 nerve root impingement
LNF	L4 nerve root impingement
LNL	L5 nerve root impingement
LN2	Lumbosacral nerve root impingement
LN3	Lumbar spinal canal stenosis
LN4	Lumbosacral nerve stretch/traction injury
LZ1	Lumbar pain undiagnosed
BP1	Sacroiliac joint pain (including spondyloarthropathies)
BP2	Sacrococcygeal jt pain
BZ1	Buttock pain undiagnosed

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**Lumbar stress fractures**

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LSE	Fractured pars interarticularis L4
LSP	Fractured pedicle lumbar vertebra
LSU	Fractured pars interarticularis L1-L3
LSF	Fractured pars interarticularis L5
LS1	Stress # lumbar spine
LS2	Lumbar stress reaction
LS3	Pedicle stress fracture
LQ1	Nonunion lumbar fracture
LBT	Spondylolsthesis grade 3
LBB	Bilateral spondylolysis
LBF	Spondylolsthesis grade 1

LBS	Spondylolsthesis grade 2
LB1	Spondylolsthesis/lysis

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**Abdominal and lumbar muscle strains**

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CM1	Chest muscle strain
CY1	Chest muscle trigger pts
OG1	Avulsion iliac crest
OM1	Abdominal muscle str
OMT	Transversus abdominus muscle strain
OMR	Proximal rectus abdominus strain
OMO	Abdominal oblique muscle strain
OM2	Bowler's side strain
OY1	Abdominal muscle trigger pts or spasm or winding
OT2	Costolliac impingement
DM1	Thoracic extensor muscle str
DY1	Thoracic back trigger pts
LM1	Lumbar muscle str
LY1	Lumbar trigger pts or muscle spasm
BM1	Gluteal muscle str/tear
BY1	Gluteal muscle or piriformis trigger pts

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**Hip joint injuries**

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GD1	Dislocated hip jt
GCL	Labral tear, hip joint
GC1	Hip chondral lesion
GJ1	Hip joint sprain/jar
GP1	Hip joint synovitis
GA1	Hip jt osteoarthritis/ avascular necrosis
GA3	Perthes' syndrome
GB1	Congenital dislocation hip
GI2	Hip joint infection

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**Groin and thigh stress fractures**

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GS2	Stress # neck of femur
GS3	Pelvic bone stress #
TS1	Stress # shaft of femur

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**Hip and groin haematomas**

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GH1	Haematoma, hip region
GK1	Groin laceration or abrasion
TK1	Thigh laceration/abrasion

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**Groin strain injuries**

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OT1	Rectus abdominus tendinitis
GS1	Osteitis pubis
GSI	Pubic symphysis instability
GM1	Hip flexor (including psoas) muscle str/tear
GMA	Proximal adductor strain

GMP	Iliopsoas muscle strain
GM8	Groin muscle str (unspecified)
GY1	Groin soreness or trigger points
GYA	Proximal adductor trigger points
GYP	Iliopsoas trigger points
GYR	Rectus abdominus trigger points
GT1	Adductor tendinopathy/tear
GR1	Rupture adductor longus origin
GT2	Sports hernia/abdominal tendinopathy
GT3	Iliopsoas tendinopathy/bursitis
GT4	Trochanteric bursitis
GZ1	Groin pain undiagnosed
TM3	Adductor muscle str/tear (incl. sartorius)
TMA	Distal adductor strain

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**Pelvic and thigh fractures**

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BG1	Avulsion # ischial tuberosity
GF1	# neck of femur
GF2	# pelvic ring
GF3	# ilium
GGA	Avulsion adductor from pubis
GGH	Avulsion hamstring from ischium
GGO	Avulsion from iliac crest
GGR	Avulsion rectus femoris from AIIIS
GGs	Avulsion sartorius from ASIS
GG1	Pelvic avulsion # (iliac spines and pubic rami)
GA2	Slipped capital femoral epiphysis
TF1	# shaft of femur

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**Groin and thigh neurovascular**

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GNM	Meralgia parasthetica
GNI	Ilioinguinal nerve entrapment
GNG	Genitofemoral nerve entrapment
GN1	Nerve entrapment, groin region
GNO	Obturator nerve entrapment

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**Hamstring strains**

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BMG	Gluteal muscle strain
BMM	Adductor magnus strain
BYG	Gluteal trigger points
BYP	Piriformis trigger points
BYM	Adductor magnus trigger points
BT1	Ischial bursitis
BT2	Gluteal tendinitis/enthesopathy
BN1	Piriformis syndrome (with sciatic nerve impingement)
TMB	Biceps femoris strain
TMT	Distal medial hamstring strain
TM1	Hamstring strain/tear

TMS	Proximal (medial) hamstring strain
TYL	Lateral hamstring trigger points
TYM	Medial hamstring trigger points
TY1	Hamstring spasm/ cramps/trigger pts
TY3	Posterior thigh compartment syndrome
TR1	ruptured hamstring origin
BR1	ruptured hamstring origin
TZ1	Thigh pain undiagnosed
KTB	Lateral hamstring insertion tendonitis
KTL	Lateral gastrocnemius tendonitis
KTM	Medial gastrocnemius tendonitis
KTS	Medial hamstring insertion tendonitis
KT3	Posterior knee tendinitis/ bursitis
KR2	Ruptured hamstring distal insertion

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### Quadriceps strains

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TMR	Rectus femoris strain
TM2	Quadriceps strain/tear
TMV	Vastus muscle strain
TYV	Vastus trigger points
TYR	Rectus femoris trigger points
TY2	Quadriceps spasm/cramps/ trigger pts/wasting

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### Thigh haematomas

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THA	Arterial bleed, thigh
THH	Hamstring haematoma
THM	Myositis ossificans, thigh
TH1	Haematoma of thigh/ hamstrings
THV	Quadriceps haematoma

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### Knee - ACL (anterior cruciate ligament)

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KD2	Dislocated knee
KLI	Incomplete tear, ACL
KL1	Anterior cruciate ligament strain/tear/rupture

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### Knee - MCL (medial ligament)

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KL3	Knee medial collateral lig str/tear/rupture
KLM	Medial ligament grade 3 tear
KLP	Pellegrini-Steida syndrome

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### Knee - PCL (posterior cruciate ligament)

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KL2	Posterior cruciate ligament strain/tear/rupture
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### Knee cartilage

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KCU	Patellofemoral compartment chondral damage grade 3-4
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KCN	Medial compartment chondral damage grade 3-4
KCM	Medial compartment chondral damage grade 1-2
KCK	Lateral compartment chondral damage grade 3-4
KCT	Patellofemoral compartment chondral damage grade 1-2
KC1	Knee articular cartilage damage
KCL	Lateral compartment chondral damage grade 1-2
KCB	Bucket handle tear medial meniscus
KC2	Medial meniscus tear
KCP	Posterior horn tear medial meniscus
KCH	Parrot beak tear lateral meniscus
KC3	Lateral meniscus tear
KCR	Radial tear lateral meniscus
KCX	Posterior horn tear lateral meniscus
KC4	Knee osteochondritis (+/- loose bodies)
KC8	Knee joint cartilage injury (unspecified)
KAG	Knee osteoarthritis, generalized
KA1	Knee jt degenerative arthritis
KB2	Discoid meniscus

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### Knee and patellar tendon injuries

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KT1	Iliotibial band syndrome
KT2	Patellar tendinopathy
KTH	Infrapatellar fat pad syndrome (Hoffa's)
KTJ	Sindig-Larsen-Johannsen syndrome
KT4	Osgood-Schlatter syndrome
KTT	Tibial tuberosity pathology
KT5	Popliteus tendinitis/strain
KT7	Quadriceps tendinitis or suprapatellar bursitis
KR1	Ruptured patellar tendon
KH2	Infrapatella fat pad haematoma +/- bursitis

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### Other knee sprains

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KUM	Knee jt chronic medial instability
KUA	Knee jt chronic anterolateral instability
KU1	Knee jt chronic instability
KUP	Knee jt chronic posterior instability
KJ1	Knee jt sprain/jar
KPP	Pseudogout (chondrocalcinosis), knee
KP2	Knee jt rheumatological condition/atraumatic effusion
KP3	Knee synovial plica

KP4	Knee Joint Synovitis
KL4	Knee lateral collateral ligament str/tear/rupture
KL5	Knee posterolateral complex str/tear
KO1	Complication of knee jt surgery
KZ1	Knee pain undiagnosed
QD1	Dislocated superior tibiofibular jt
QJ1	Sprained superior tibiofibular jt
QP1	Baker's cyst (+/- rupture)

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### Patellofemoral joint sprains

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KD1	Dislocated patella
KU2	Patella instability
KP1	Patellofemoral jt pain
KB1	Bipartite patella

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### Patella stress fractures

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KS1	Stress # patella
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### Knee and patella fractures

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KF1	# patella
KF2	Knee # intraarticular

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### Knee haematomas

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KT6	Prepatellar bursitis
KH1	Knee haematoma (extraarticular)
KK1	Lacerated knee
KZ2	Knee jt haemarthrosis caused by internal derangement

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### Leg fractures

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QFS	Spiral fractured tibia + fibula
QFT	Transverse fractured tibia
QFC	Compound fracture tibia
QF1	Fracture tibia +/- fibula
QFD	Fractured distal fibula
QFH	Fractured upper fibula
QFM	Fractured mid fibula
QF2	Fracture fibula
AFB	Bimalleolus fracture
AFX	Trimalleolus fracture
AFM	Medial malleolus fracture
AFL	Lateral malleolus fracture
AF1	Pott's fracture

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### Leg stress fractures

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QSA	Stress fracture anterior cortex tibia
QSP	Stress fracture posteromedial tibia
QS1	Stress fracture tibia
QSM	Stress fracture medial malleolus
QSL	Stress fracture lateral malleolus
QS2	Stress fracture fibula

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### Calf strains

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QML	Lateral gastrocnemius strain
QM1	Calf muscle strain
QMS	Soleus muscle strain
QMM	Medial gastrocnemius strain
QM2	Shin extensor muscle strain
QB1	Accessory soleus muscle
QY1	Calf muscle cramps/ spasm/trigger pts
QYL	Lateral gastrocnemius trigger point
QYM	Medial gastrocnemius trigger point
QYS	Soleus trigger point
QY3	Lower leg delayed onset muscle soreness

### **Leg and foot soft tissue trauma**

QH1	Bruised shin
QH2	Calf haematoma
QK1	Lacerated shin
QK2	Lacerated calf
QI1	Lower leg soft tissue infection
AH1	Ankle haematoma
AK1	Ankle laceration
FH1	Foot haematoma
FH2	Toenail problem/haematoma
FH3	Heel fat pad bruise
FK1	Foot laceration
FK2	Foot blistering/callus/ulcer

### **Shin soreness**

QYB	Acute anterior compartment syndrome
QY2	Compartment syndrome
QYA	Anterior compartment syndrome
QYP	Posterior compartment syndrome
QT1	Medial Tibial Stress Syndrome (‘shin splints’)
QTA	Anterior shin splints

### **Achilles tendon**

AT1	Achilles tendinopathy/ retrocalcaneal bursitis
AT2	Sever's disease
AR1	Achilles tendon rupture
ARM	Midsubstance rupture, achilles tendon
ARI	Insertional rupture, achilles tendon

### **Ankle sprains and joint injuries**

AD1	Dislocated ankle
AUL	Lateral ankle instability
AUM	Medial ankle instability
AU1	Ankle instability
ACP	Tibial plafond chondral lesion

AC1	Ankle osteochondral lesion (incl. talar dome) +/- loose body
ACD	Talar dome chondral lesion
ACL	Loose bodies ankle joint
AJ1	Ankle jarring or joint capsule sprain
AJ2	Inferior tibiofibular syndesmosis sprain
AP1	Ankle jt synovitis (including meniscoid lesion)
AP3	Sinus tarsi syndrome (subtalar jt synovitis)
AA1	Ankle jt degenerative arthritis
ALT	Ankle lateral sprain, grade 3
AL1	Sprain lateral collateral ligament ankle
AL2	Sprain medial collateral (deltoid) ligament ankle
AT4	Ankle anterior impingement +/- osteophytes
AI1	Ankle infection
AZ1	Ankle pain undiagnosed

### **Foot bone fractures**

AFT	Fractured body of talus
AF2	# talus or # calcaneus
AFC	Fractured calcaneus
AG1	Chip/avulsion # ankle
AGL	Fractured lateral process talus
AGO	Fractured os trigonum or posterior process
FF1	# tarsal bone (other than talus or calcaneus)
FFC	Cunieform acute fracture
FFN	Navicular acute fracture
FFB	Cuboid acute fracture
FFX	Multiple metatarsal fractures
FFS	Second metatarsal acute fracture
FFD	Fourth metatarsal acute fracture
FFF	Fifth metatarsal acute Jones fracture
FFO	First metatarsal acute fracture
FFT	Third metatarsal acute fracture
FF2	# metatarsal(s)
FF3	# phalanx (foot)
FG1	Foot avulsion #
FGF	Fifth metatarsal avulsion fracture

### **Foot stress fractures**

AS1	Stress # Calcaneus or Talus
ASC	Stress fracture calcaneus
AST	Stress fracture talus
FSN	Navicular stress fracture
FS1	Stress # midtarsal bone (navicular, cunieforms, cuboid)

FSB	Cuboid stress fracture
FSC	Cunieform stress fracture
FST	Third metatarsal stress fracture
FSS	Second metatarsal stress fracture
FS2	Stress # metatarsal
FSD	Fourth metatarsal stress fracture
FSF	Fifth metatarsal stress fracture
FSO	First metatarsal stress fracture
FS3	Sesamoid stress fracture
FQ1	Non- or mal-union foot fracture

### **Foot and ankle neurovascular**

QN1	Common peroneal nerve palsy (foot drop)
QV1	Deep venous thrombosis
QV2	Calf/ankle oedema
QV3	Varicose veins
QV4	Popliteal artery entrapment or arterial insufficiency
AP2	Ankle Reflex Sympathetic Dystrophy
AN1	Tarsal tunnel syndrome
AN2	Medial calcaneal nerve entrapment
FP5	Foot Reflex Sympathetic Dystrophy
FN1	Morton's neuroma or Joplin's neuritis

### **Other shin and foot stress injuries**

QZ1	Lower leg pain undiagnosed
AT3	Ankle posterior impingement (including Os Trigonum)
AT5	Ankle extensor tendinitis (incl. Tibialis Anterior)
AT6	Peroneal tendinitis or subluxation or dislocation
AT7	Tibialis posterior or flexor hallucis tendinitis (ankle)
FC1	Foot osteochondrosis (including Kohler's and Frieberg's)
FPL	Ruptured volar plate first MTP joint
FP1	Sesamoiditis/1st metatarsophalangeal jt pain
FP3	Metatarsalgia
FM1	Foot muscle strain
FY1	Foot muscle spasm/cramps/ trigger pts
FT1	Plantar fasciitis/strain/calcaneal spur
FTD	Distal plantar fasciitis
FT2	Foot extensor tendinitis
FT6	Cuboid syndrome or foot peroneal tendinitis
FT7	Tibialis posterior insertion tendinitis

FRP	Ruptured peroneal tendon	XK1	Rash or other dermatological condition
FR1	Ruptured tibialis posterior tendon		
FBT	Talocalcaneal coalition	XB1	Congenital disease affecting musculoskeletal system
FB1	Tarsal coalition	MI1	Otorespiratory infection (incl. tonsillitis, otitis media)
FBC	Calcaneonavicular coalition	MI2	Gastrointestinal infection (including food poisoning)
FB2	Symptomatic accessory bone of foot	MI4	Systemic non-specific virus
FB3	Foot deformity (including claw, hammer toes, bunions)	MI5	Virus proven by serology (e.g. Epstein-Barr, Hepatitis B)
XB2	Leg length discrepancy	MI6	Genitourinary infection
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<b>Foot sprains</b>			
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FD1	Dislocated toe	MI8	Infection, other
FDL	Lisfranc fracture dislocation	ME1	Non-musculoskeletal tumour (e.g. lymphoma)
FD2	Dislocated joint(s) of foot (incl. Lisfranc injury)	MO1	Appendicitis
FJ1	Sprain foot joint	MO2	Urological including haematuria, varicocele
FJ2	Sprained toe/'turf toe'	MO3	Dental, eye, ear, nose or throat disease
FP2	Tarsal joint pain/synovitis	MO8	Other surgical diagnosis
FA1	1st Metatarsophalangeal jt degenerative arthritis	MN1	Neurological including epilepsy, migraine, coma
FA2	Other foot jt degenerative arthritis	MV1	Cardiovascular
FLL	Interphalangeal ligament disruption	MX1	Environmental (incl. hyper-/hypothermia, barotrauma)
FL1	Foot ligament sprain (including 'spring' ligament)	MX2	Condition due to drug use, overdose, poisoning
FZ1	Foot pain undiagnosed	MX3	Asthma/allergy/hay fever/respiratory
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<b>Illness</b>			
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HZ1	Headache/pain undiagnosed	MX5	Gynaecological
SE1	Tumour, shoulder region	MX6	Psychological/psychiatric
EI1	Elbow infection	MX7	Nutritional or haematological or enterological or endocrine
PK3	Hand wart or other skin lesion	MX8	Other medical diagnosis
DE1	Tumour, thoracic spine	MZ1	Tired athlete undiagnosed
LE1	Tumour, lumbar spine	MZC	Chronic fatigue syndrome
BI1	Ischial abscess	MZ2	Other medical symptoms or signs, non-specific
GI1	Groin rash/fungal infection		
TE1	Tumour, thigh region		
KI1	Infected knee jt		
KE1	Tumour, knee region		
QE1	Tumour, lower leg		
AE1	Osteoid osteoma (ankle)		
FP4	Gout (foot)		
FK3	Plantar wart		
FI1	Athlete's foot/tinea		
FI2	Foot cellulitis/infected ulcer		
FE1	Osteoid osteoma (foot)		
XU1	Generalised joint hypermobility		
XP1	Widespread rheumatological joint condition		
XY1	Fibromyalgia/multiple trigger points		
XY2	Generalised muscle spasticity/joint hypomobility		